

DISCLAIMER (EN)

(martalewin.com — draft)

1. General Information

The content and services provided by Marta Lewin are intended for personal development, self-exploration, and wellbeing support.

They are not a substitute for professional medical, psychological, or psychiatric advice, diagnosis, or treatment.

2. No Medical or Therapeutic Claims

Coaching, hypnotherapy, workshops, and digital content (including audio recordings and self-hypnosis materials):

- do not diagnose, treat, or cure any medical or mental health condition
- are not therapy or medical treatment
- should not replace professional healthcare support

If you are experiencing mental health difficulties, please seek support from a qualified professional.

3. Personal Responsibility

By engaging with our services or content, you acknowledge that:

- you are fully responsible for your own decisions, actions, and results
 - your outcomes depend on your personal engagement, openness, and consistency
 - no guarantees are made regarding specific results
-

4. Hypnotherapy & Audio Content

When using hypnotherapy or self-hypnosis recordings:

- do not listen while driving, operating machinery, or performing tasks requiring full attention
- use in a safe, comfortable environment

These materials are designed for personal use and self-development only.

5. Emotional & Psychological Responses

Working with personal development, subconscious patterns, and emotional processes may bring up:

- strong emotions

- memories
- psychological responses

You agree to take full responsibility for your wellbeing and to seek professional support if needed.

6. Suitability

Our services and content are intended for individuals who:

- are willing to take responsibility for their own wellbeing
- are not currently in acute psychological crisis

If you are unsure whether this work is suitable for you, please consult a qualified professional before engaging.

7. Digital Content Disclaimer

All digital products (including audio recordings):

- are for personal, non-commercial use only
 - must not be shared, distributed, or reproduced
-

8. No Guarantees

We make no guarantees regarding:

- outcomes
- transformations
- business, personal, or emotional results

Each individual experience is unique.

9. Consent

By purchasing services or accessing content, you confirm that:

- you have read and understood this disclaimer
 - you agree to take full responsibility for your participation
-

10. Contact

If you have any questions about this disclaimer, please contact:
[email to be added]